January Anniversaries

31 YEARS	Marsha Goetz	1/19/1981
30 YEARS	Barb Stotz	1/25/1982
27 YEARS	Denise Woolley	1/7/1985
25 YEARS	Gina Miller	1/5/1987
	Patty Webb	1/5/1987
	Margaret Reed	1/9/1987
24 YEARS	Susan Koblin	1/4/1988
17 YEARS	Valerie Floro	1/10/1995
	Todd Bickley	1/26/1995
16 YEARS	Christine Frederick	1/22/1996
13YEARS	Pam Fritz	1/25/1999
12 YEARS	Lu Anne Ohms	1/4/2000
	Kelly Millinger	1/10/2000
	Leslie Meyer	1/24/2000
11 YEARS	Alicia Dukeshire	1/2/2001
	Erin Hintze	1/5/2001
10 YEARS	Suzanne Lewis	1/7/2002
	Patricia Jarchow	1/27/2004
7 YEARS	Brooke Staschke	1/3/2005
6 YEARS	Sue Valiquette	1/4/2006
4 YEARS	R. Stephan Carter	1/28/2008
3 YEARS	Michelle Vaughn	1/12/2009
	Ashley Jenck	1/14/2009
	Zachary Foos	1/16/2009
	Willard Rife	1/19/2009
	Steven Szelepski	1/23/2009
2 YEARS	Annette Scott	1/18/2010
	Annabell Swint	1/18/2010
	Kirk Peterman	1/26/2010
1 YEAR	Holly Gilsdorf	1/3/2011
	Craig Newman	1/3/2011
	Amy Breidenbach	1/11/2011
	Amber Young	1/11/2011
	Amy Zilles	1/11/2011
	Kimberly Wright	1/15/2011
	Amanda Brown	1/17/2011
	Melodee Hayward	1/17/2011
	Rachelle Johnson	1/17/2011
	Jason LaLone	1/17/2011
	Jennifer Lehmann	1/17/2011

Welcome New Associates

Front row, L to R: Colleen Osborne, R.N.-pediatrics and Karin Long, R.N.-med/surg
Back Row, L to R: Elizabeth" Betsy" Durbin-lab, Darcy Kubat, R.N.-med/surg, Amber Showman, R.N.-med/surg, Robin LaLonde, R.N., B.S.N.-pediatrics

Memorial Matters

Love Lights helps to ease family's loss

About 300 luminaries – each representing a loved one who passed away – lined the walkways of the Eliza Ramsay Home in Clyde for Hospice of Memorial Hospital's annual Love Lights Memorial Service.

Memorial assists families in need this holiday season

L to R: Annette Overmyer, Tom Puffenberger, Tim Schneider and Chasity O'Neill load up Christmas gifts for delivery.

Engineering Services delivered approximately 75 packages to eight families through Community Christmas. Associates provided the families with gifts for the children, a holiday dinner and basic toiletries.

Email story ideas for the Pulse to news@memorialhcs.org.

January 2012

PULSE

Nutritional Services associates, pictured L t o R: Lisa Randall, Nancy Koepfer, Cindy Frisch, Patty Webb, Jenna Ohms, Deb Wolfe, Alex Growel, Robin Armentrout, Nancy Brown, Linda Gegorski, Rob Alexander, Ric Sanchez.

In this issue:

Love Lights

Holiday Memories

Memorial Assists Families in Need

MEMORIAL HOSPITAL
MEMORIAL HEALTH CARE SYSTEM

Department Spotlight - Nutritional Services

The Memorial Hospital, Nutritional Services Department plays a very special role in providing a wide variety of functions. On any given day they can be seen throughout the hospital and community providing meals and nutritional services. Some of these services include patient room service, cafeteria dining, event catering and nutritional services consultations and education.

According to Rob Alexander, dietary services director, "providing a quality product at a reasonable cost to both the hospital and the community is of the utmost importance."

In FY 2011 Nutritional services provided more than 14,000 mobile meals, 85,500 hospital meals and catered more than 420 events. On average more than 380 hot meals are being provided to patients, staff and the community each day. Also, on average hospital volunteers drive more than 12,000 miles a year providing over 14,000 hot meals to the Fremont community.

Providing this wide range of services is a highly dedicated team of food service professionals including dietetic staff and food preparation personnel. Within the department there are over 40 employees with an average of 15 years of experience in dietary and food services.

Often times this dedication and experience can be seen during any of the many dining services and mobile meal deliveries. However, frequently, many other services go unnoticed.

One of those unnoticed services includes catering for special events. Not only does the food have to be prepared and transported but special care is also given to the setup of the event. Along with catering services, staff also stocks floors with nutritional items including snacks and beverages. These items play an important role in patient care and providing nutrition to medical staff on the move.

Finally, another important service provided by the department is nutrition planning, consultation and education. The dietetic staff works with the medical staff to assess and meet patients' nutritional needs every day. Along with assessing patient nutritional needs the team also provides education and consultation services to the community. Nutrition support groups and educational seminars are provided on a regular basis.

Nancy Brown, Memorial Hospital Clinical Dietitian believes nutrition plays an important role in controlling and preventing a variety of diseases. "This is particularly true for people who have been diagnosed with diabetes, obesity, high cholesterol, heart disease, gastrointestinal problems and high blood pressure," she said.

For more information about the Memorial Hospital Nutritional Services Department, visit memorialhcs.org or call Nutritional Services at ext. 6634.

Memorial Hospital and ProMedica to consider affiliation

On December 21, 2011, the Memorial Hospital Board of Director's voted to enter into a letter of intent to pursue an affiliation between Memorial Hospital and ProMedica. During this period, expected to take approximately 90 days, the terms of the transaction will be negotiated and due diligence will be completed.

Following the board's vote, Al Mehlow, Board Chairman, Memorial Hospital stated, "We are pleased to enter into this discussion with ProMedica. As a strong health care provider serving the greater Fremont community for nearly 100 years, this anticipated partnership with ProMedica will further strengthen both organizations and allow us to continue to meet the health needs of our community for generations to come."

Randy Oostra, President and CEO, ProMedica stated that, "As a mission-based, not-for-profit health system, our focus is to help ensure that we meet the health and well-being needs of all the communities we serve. We are grateful for this opportunity, as this relationship with Memorial Hospital will most certainly reinforce our commitment to Fremont and all of the northwest Ohio community."

Memorial Hospital is a 186-licensed bed facility that has provided comprehensive, inpatient and outpatient health care services to Sandusky County and its neighboring communities since 1918. Fiscal 2011 was the fourth consecutive year that Memorial has had a positive operating margin. Memorial Hospital employs approximately 550 full and part-time associates and over 180 physicians are members of the medical staff. For more information, please visit memorialhcs.org.

ProMedica, a mission-based organization that is ranked the No. 2 most integrated health system in the U.S., was formed in 1986 and is a Toledo, Ohio-based, not-for-profit healthcare organization with nearly 14,000 employees; 3,000 physicians and more than 306 facilities in Ohio and Michigan. ProMedica serves more than 2.73 million patients annually and includes 11 hospitals; ProMedica Continuum Services with senior, hospice, rehabilitation, and integrative services; ProMedica Physicians, a network of more than 315 primary care and specialty physicians; and Paramount Health Care. For more information, please visit promedica.org.

Know your benefits

All employees who are participating in the Plan 3 Health Insurance Program and who have a health savings account (HSA) will receive an annual tax statement from the bank. This information is needed for completion of your tax return because the HSA deductions are pre-tax. If you have any questions about the tax implications, please discuss it with your tax advisor.

MEMORIAL HOSPITAL
MEMORIAL HEALTH CARE SYSTEM

Auxiliary of Memorial Hospital hosts annual holiday party

On December 8, the Auxiliary of Memorial Hospital sponsored the annual Associate Holiday Party to honor and thank everyone for their dedication and caring to patients. Associates said the food was wonderful and the Chestnut Café looked beautiful. Thank you to the Auxiliary for all the support they provide to Memorial with this event and throughout the year. Thank you also to the nutritional services department for preparing and serving the great food.

Chestnut Chatter

What is one of your favorite memory at the holidays?

Amanda Benavides, Physical Medicine
"Waking up Christmas morning with my kids."

Mark Golamb, Engineering Services
"One of my favorite memories was the year we put all the gifts on the roof! The kids still say that was one of their favorite Christmases."

Elise Herrera, IT
"Taking my daughter on the polar express when she was younger. We went to the North Pole and she got a jingle bell from Santa."

Maria Patrick, R.N.
"Having all of my family together, especially my sisters and brothers."

Beats, Blips & More

Hospice of Memorial Hospital was recently awarded a $1,000 Carbide Retiree Corporation grant from The Dow Chemical Company. The grant will be used to help improve the summer Camp Fearless Children's Bereavement Program, which is funded through the Memorial Hospital Foundation Hospice General Fund.

The Memorial Hospital Diagnostic Imaging Department Position Emission Tomography (PET) service recently earned a 3-year gold seal term of accreditation from the American College of Radiology (ACR). In addition to the PET modality, computed tomography (CT Scan), mammography, magnetic resonance imaging (MRI) and nuclear medicine are each nationally accredited imaging services at Memorial Hospital.

The diagnostic imaging department recently extended hours for its CT and ultrasound services. In addition to regular business hours, the new hours are:
CT – Saturdays from 9 a.m. – 5 p.m.
Ultrasound – Mondays from 7 a.m. – 5 p.m. and Saturdays from 8 a.m. – noon.
Mammography is also available Wednesday evenings until 7 p.m. and on Saturdays from 8 a.m. – noon.

Memorial Hospital leadership continues to search for a physician group to lead radiology. A request for proposal (RFP) was sent out. From those responses, two groups have been identified as desirable candidates. The radiology subcommittee of Wes Oswald, interim CEO, James Huddleston, D.O., Anas Balaa, M.D. and Karla Falls, vice president of ancillary and professional services, is currently evaluating these candidates and could possibly make a recommendation to the Board of Directors by the spring of 2012.

I MAKE A DIFFERENCE

MEMORIAL
HOSPITAL FOUNDATION
MEMORIAL HEALTH CARE SYSTEM

Memorial Hospital Foundation celebrates successful employee campaign

Danna McNutt, lead in the housekeeping department, rallied the support of all her co-workers and achieved 100 percent participation in the Employee Campaign for the second year in a row.

Approximately 61 percent of associates donated through the Employee Campaign this year, raising over $22,000 for the Memorial Hospital Foundation and United Way of Sandusky County.

The campaign lasted three weeks and focused on percent participation rather than dollar amount raised. Many departments with only a few staff members achieved 100 percent participation. However, the housekeeping department was the largest department to achieve 100 percent participation.

"I attribute the Housekeeping Department's 100 percent participation in the Employee Giving Campaign to their sense of pride," said Danna McNutt, lead in the housekeeping department and employee campaign champion. "My co-workers are some of the most generous and giving people that you will ever meet. With the goal of the campaign being 100 percent participation, it was easy for everyone to give. It wasn't a struggle to get our department to give. Actually, everyone took a great deal of pride in reaching 100 percent participation."

Donors through the campaign had the opportunity to earmark their gifts to a cause in which they feel passionate. Many Memorial Hospital Foundation donors contribute to the Employee Emergency Fund or the Patient Needs Fund.

"The Housekeeping Department plays an important role in the overall hospital," said Danna. "With all of the changes in health care, such as pay for performance and emphases on patient satisfaction, our department is essential to the success of the hospital. I guess we wanted to make a statement by achieving 100 percent participation for the second year in a row; we are passionate about our work here at the hospital."

Did you know…

Associates donated 95 hours of paid time off (PTO) to the campaign and the average gift was $73.72.

Thank you to all the individuals who donated through the campaign, including:

ACKERMAN, RENEE A
ADAMS, JULIA A
ALEXANDER, ANNA M
ALEXANDER, ROBERT S
ALLAN, KAY A
ANDERSON, JEAN A
AREVALO, IRACEMA
ARMENTROUT, ROBIN L
BAHLEDA, SUSANNE K
BAKER, SHAWNA
BAKER, SUSAN K
BALTZELL, CHRISTINE M
BARBOUR, SUSAN M
BARE, KATHRYN A
BARTH, SARAH
BAUM, TRISHA A
BEASCHLER, PATRICIA M
BECK, SHELLI A
BENAVIDES, AMANDA M
BICKLEY, TODD J
BIGGERT, JODI L
BILLOW, MARGARET D
BLAUSEY, WENDY C
BLOHM, CATHRYN A
BLOOMER, MICHAEL T
BOONIE, LISA K
BORER, ANNE M
BROWN, NANCY A
BULLINGER, LOUISE A
BUTI, JOSEPH E
CAMPBELL, KELLI
CARROLL, MICHELE P
CASTILLO, VALERIE
CHAPIN, ERICA R
CHARLES, DAVID PAUL
CHUMLEY, MERANDA L
CLAPP, RACHEL C
CLELAND, KELLY
COLEMAN, JODY L
COLEMAN, SUSAN M
COPE, DAVID G
COUSINO, CYNTHIA A
COX, CARRIE D
CRITES, DIANE
CULBERT, PATRICIA L
DARR, SARA M
DAY, TERESITA L
DECKER, LILLIAN A
DEITZEL, HEATHER L
DODSON, DEBORAH M
DOUD, PATRICIA D
DROWN, CARRIE S
DUKESHIRE, ALICIA
DUPLER SR. , PAUL R
EBERLY, WANDA J
EDGE, BECKY S
EISENHAUER, ROSE M
ELDER, DEBORAH J
ELIAS, SUSAN
EMICK, DAWN A
EMRICH, TONYA L
ENGLER, JOAN M
ERNST, KIMBERLY
ESKER, TRICIA A
EWING, TRACY A
FALLS, KARLA
FALTER, BRENDA L
FISHER, KELLY
FISKE, KAREN
FLEMING, KAREN E
FLORO, VALERIE L
FONTANA, BRENDA
FOOS, BRENDA S
FORD, HEATHER M
FORK, REBECCA D
FOUKE, ALISHA R
FOX, LINDA M
FRALEY, PAMELA G
FRANCO, LISA M
FRANCO, MELISSA M
FRANKS, JOHN A
FREDERICK, CHRISTINE M
FREDERICK, JANE E
FRITZ, PAMELA
GALLOGLY, TALLY W
GAMMON, CAROL A
GARN, LYNELLE
GEGORSKI, LINDA M
GEORGE, LAWRENCE D
GILSDORF, HOLLY T
GLASER, MICHELE A
GOETZ, MARSHA L
GONZALEZ, CHRISTINA R
GOODSITE, M. MICHELE
GULICK, KELLI S
HALL, GAYLE M
HAMMER, CINDY
HALSTEAD, DAWN
HARBEN, PATRICIA A
HARMON, BETH A
HARRELL, VICKI S
HARSANJE, AURORA C
HART, JULIE A
HARTMAN, LESLIE K
HASSELBACH, CHRISTINE
HAWK, KAREN S
HEDGES, BOBBIE JO
HENRY, DIANE F
HENRY, TERRI L
HERBERT, VALERIE I
HERNANDEZ, CATHY L
HERNANDEZ, SHARON L
HERR, BERNITA L
HERSHEY, LINDA M
HINTZE, ERIN K
HOELZLE, TRACEY E
HOFFMAN, DEBORA A
HOFFMAN, ELIZABETH J
HOSSLER, JILL A
HUFFORD, DUSTIN
HULL, APRIL
HURLEY, MERCEDES V
HUSMAN, GENA L
ICSMAN, CONNIE J
ISERMAN, THOMAS
JOHNSON, RACHEL A
JOHNSON, RACHELLE M
JOSEPH, MELISSA K
KAMINSKI, THERESA L
KEEGAN, SUSAN
KEPLER, DIANE M
KIMBALL, ABBY
KIMMET, ROXANNE
KIRKPATRICK, JENNIFER L
KIRSCH, ALBERTA L
KLAUSZ, MARY L
KLOTZ, DEBRA
KNISELY, LINDA L
KOBLIN, SUSAN L
KOCH, RANDAL D
KOEBEL, DEBORAH E
KOEPFER, NANCY K
KOHLER, ALFRED
KREH-STANLEY, BETH M
KROMER, HELEN
KROTZER, DONNA J
KROTZER, RONDA R
KRUMNOW, PEGGY H
KUCKUCK, REBECCA
LABONTE, KRISTINE
LANG, MARLA J
LAWRENCE, BLANCA
LEBER, COREY T
LEE, CYNTHIA L
LEE, ELAINE J
LEEMASTER, KATHLEEN
LEIBENGOOD, BETHANI L
LEWIS, SUZANNE J
LIEBOLD, PATRICIA A
LINDENBERGER, AMY L
LINK, CAROLYN J
LITTELMANN, ROBERT W
LONG, REBECCA A
LONG, SUZANNE M
LUC, SUSAN
LUCIUS, PATRICIA S
LUDU, KIMBERLY
MACKLENAR, ORALEE
MARTIKAN, AMY S
MARTINEZ, PRISCILLA
MASSIE, MARILYN L
MAYLE, MARLO K
MCCOY, JENNIFER J
MCNUTT, DANNA D
MCNUTT, LYNNE C
MEACHAM, JENNIFER B
MEADE, VICKI K
MEARS, CHRISTINE L
MEGGITT, HEIDI J
MEYER, LESLIE D
MIERKE, LINDA K
MILLER, CHERYL A
MILLER, REGINA L
MILLER, VIRGINIA L
MILLS, MARCIA L
MINICH, GINNY
MISCIASCI, FRANCES A
MURRAY, NOLA J
NAGY, ANDREA R
NYE, JOANNE E
NYE, MARY A
OHMS, LU ANNE
O'NEILL, CHASITY A
OSWALD, WES
OVERMYER, AMY A
OVERMYER, ANNETTE M
OVERMYER, CATHERINE A
OVERMYER, RACHEL R
PARKER, DENISE A
PARTHEMORE, WARRENETTE
PATTERSON, DAWN
PAUL, MARLA R
PEARSON, PAULA J
PERKINS, NATE
PITTS, MARY J
POLLICK, MARGARET L
PRASUHN, REBECCA
RAGLE, RACHEL M
RANDOLPH, MARY LOU
REARDON, SHANNON
REED, MARGARET J
RHINEBERGER, STEPHANIE S
RIDEL, KRISTIN L
RIEHL, DIANE L
ROHDE, LAURA J
ROJAS, SHEREL L
RUFFING, JAMIE S
RUNKLE, ALYSIA E
RUPPEL, RICHARD
SANCHEZ, MARY A
SANCHEZ, ROSALINDA
SCHALK, CAROL A
SCHARF, SUSAN
SCHERGER, PAMELA L
SCHIETS, BEVERLY M
SCHNEIDER, JUDITH A
SCHNEIDER, VANCE A
SCHROEDER, NANCY J
SCHUETT, CAROL SUE
SCHUETT, MARY L
SCRANTON, CYNTHIA S
SEEM, KRISTIN J
SEEM, ROBIN J
SELVEY, GRETA M
SHARP, BARBARA A
SHAW, LAURA L
SHEARON, BARBARA J
SHIREMAN, KAREN M
SHIREY, CAROLYN S
SHREFFLER, ELIZABETH A
SIEVING, JULIE A
SISLER, AMY J
SLAYMAKER, SHERRI L
SMITH, ANDREW J
SMITH, ANN L
SMITH, WENDY L
SNAVELY, MARIANNA L
SNYDER, CHARLENE A
SNYDER, SHARON M
SOMERS-DEHANEY, ALEETA A
SORG, MARY T
SPRIGGS, WILLA W
STEINBERGER, CONNIE
STIERWALT, JAMES L
STOTZ, BARBARA J
STRAUSBAUGH, HOLLY
STRAUSBAUGH, KELLY J
STRAUSBAUGH, MATTHEW J
STRAUSSER, JENNA C
STROHL, SUSAN E
STULTS, DEBRA C
SUTTER, LINDSAY L
SWEDERSKY, AMANDA K
SWINEHART, ASHLEIGH M
SYKES, ANGIE S
SZELEPSKI, STEVEN
SZYMANOWSKI, ANITA L
TAROLLI, MICHELLE R
THACKER, HOLLY L
THEIS, CAROL L
THORBAHN, SADIE
TIELL, LISA M
TOMMER, ABBIE L
TROSIN, JILL A
UPTON, NICHOLE A
VALIQUETTE, SUZANNE M
VARGO, HEATHER D
VASSAR, NANCY A
VOGEL, JEFF W
WADSWORTH, MARY B
WAGERS, SHERRY J
WAGNER, JUDY M
WAHL, BARBARA L
WALBY, NANCY L
WALKER, TOSHICA
WALTHER, LISA J
WARD, CAROLYN
WATRUBA, JANET S
WEBB, PATTY L
WILLIAMS, CYNTHIA L
WINGER, STACEY L
WOLFE, DEBORAH K
WOOLLEY, DENISE KAY
WRIGHT, KIMBERLY A
WRIGHT, SHARON L
YATES, CRYSTAL A
YOUNG, ESTHER T
ZALESKI, KIMBERLY K
ZILLES, ROBERT L

Dr. John Clarke, Physician and Cookin' Men Chef

Save the Date

Make plans to attend Memorial Hospital Foundation's
Cookin' Men event
Saturday, February 11, 2012
American Legion, Fremont 7 to 10 p.m.
All funds raised will support the Pediatric and Obstetrics Departments

Cookin' Men

Call the Memorial Hospital Foundation at 419.334.6667 for reservations starting January 9, 2012.
The event is $50 per person with a cash bar.
Visit memorialhcs.org/cookin-men for more information.

Joe Buti, Director of Materials Management and Cookin' Men Chef